



**SUBSCRIBER TOOLKIT**

Built for real school days

# Student Support Pathway

*Premium, printable tools for classrooms and families*

**How to use this toolkit\*** Use the decision map first, then pick one lane. Keep actions small. One good move beats five rushed moves.

## What you'll do

- Follow the 6 step map
- Choose Academic or SEL lane
- Use scripts, track supports

## What changes

- Less guessing
- Faster calm and clarity
- Consistent follow up

## Start in 30 seconds

- Go to page 2
- Read left to right
- Do the first move only

## Premium Decision Map: Print, post, and follow in order

**1**

### Notice

- Name the signal
- Assume it's communication

**2**

### First move

- Goal in 1 sentence
- First step only

**3**

### Regulate or teach

- High emotion, regulate
- Low emotion, teach

**4**

### Pick a lane

- Academic lane
- SEL lane

**5**

### Do one strategy

- Try 5 school days
- Adjust if safety concerns

**6**

### Close the loop

- Tell the student
- Message family, track

# In the Moment

*One purpose, one page, immediate actions*

## If you see stuck signals

- Pause and name the signal
- Check, is it skill or emotion
- Reduce the load, keep the goal
- Offer 2 choices max
- Aim for a 3-minute win

## Try these 2 minute moves

- Say the goal in one sentence
- Give the first step only
- Model one example
- Ask, explain it back
- Praise the first step

## Ask the 5

- What is hard
- When does it happen
- What have we tried
- What helps a little
- What is our next move

## Close the loop

- Tell the student what's next
- Document what worked
- Update family with one sentence
- Set a follow-up point

# Academic Support Lane

*When the student is calm but confused, or skill gaps block progress*

## Notice

- Errors repeat
- Student guesses
- Can't explain steps

## Questions to ask

- Where did it break
- What is the first step
- What do you already know

## Do first

- Model one example
- Guided practice, 3 items
- Fade support

## If it still sticks

- Reteach one skill only
- Use a worked example
- Swap to small group

## Reduce load

- Keep the goal
- Short set, high success
- Check every 2 minutes

## Escalate when

- No progress after 5 days
- Gap is more than one concept
- Needs tutoring plan

# SEL and Regulation Lane

*When emotion, stress, or overwhelm is driving avoidance or shutdown*

**Use this when:** You see tears, anger, shutdown, anxiety, perfectionism, or refusal that spikes with demand.

## Notice

- Body is tense
- Voice escalates
- Student shuts down

## Language that helps

- I'm here, we'll do one step
- You're safe, we can pause
- Let's pick option A or B

## Regulate first

- Breathe, break, water
- Quiet corner, timer
- Return with one step

## If it repeats

- Same support daily for 5 days
- Identify trigger
- Build a routine cue

## Reduce demand

- Same goal, less work
- Two choices max
- 3 minute win

## Escalate when

- Pattern daily for 2 weeks
- Student can't re engage
- Safety concern exists

## PLAN IT:

Student: \_\_\_\_\_ First move: \_\_\_\_\_ Follow up: \_\_\_\_\_

## Script, first outreach

- We noticed your student is getting stuck during \_\_\_\_\_.
- We're trying \_\_\_\_\_ at school.
- At home, a helpful support is \_\_\_\_\_.
- Please share what works for you.

## Script, progress update

- Today we saw progress when we \_\_\_\_\_.
- Next step we'll focus on \_\_\_\_\_.
- At home practice, 5 minutes, \_\_\_\_\_.
- Thank you for partnering with us.

## Support tracker

*One row per attempt, keep one strategy for 5 school days unless safety is a concern.*