

**WINTER BREAK LEARNING PACK**

K–12 adaptable

Great for families & tutors

Use in 10–15 minutes

Boosting Reading Fluency Before Winter Break

Quick low-stress routines to help readers sound smoother, more confident and more expressive in just a few minutes.

STEP 1**Choose the Right Text**

Fluency grows fastest when the text is just a bit challenging but not overwhelming.

- Pick a page where your reader knows most words and can move through without stopping every few words.
- Aim for: **“I can read this, but I still have to think a little.”**
- Use: stories, articles, poems, graphic novels, or even school texts they’ll see after break.

QUICK CHECK

If your reader is stuck or frustrated on almost every line, switch to an easier text for fluency practice.

STEP 2**Use the 3-Read Fluency Routine**

Use this 3–5 minute routine with a short paragraph or half-page.

- **Get the Gist:** Reader goes through the passage once. Don’t worry about mistakes yet—just get from start to finish.
- **Smooth It Out:** Read again, focusing on smoother reading: fewer stops, better phrasing. Gently point to places to try again.
- **Add Expression:** Now focus on reading like a storyteller. Use voice changes, punctuation pauses and feelings.

STEP 3**Quick Fluency Warm-Ups**

- **Punctuation Pause:** Read one sentence and stop briefly at every comma or period.
- **Echo Reading:** Adult reads a sentence with strong expression; the reader “echoes” the exact same way.
- **Phrase Scoop:** Lightly draw “scoops” under word groups to show which words go together when you read.

LOOK FOR

Fewer word-by-word reads and more “chunks” of words coming together.

SIMPLE PROGRESS TRACKER

Book Title: _____

How many pages did you read: _____

What was it about: _____

After each practice, your reader circles how it felt:

How smooth did it feel? 😬 → 😊 → 😄

How confident did you feel? ☐ Not Confident ☐ A Little Confident ☐ Very Confident

Did it sound more like talking? : ☐ Not Yet ☐ A Little Bit ☐ YES!!!

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