



Looks Like Studying vs Actual Studying

Why rereading or passively reading notes isn't enough to move the needle

PASSIVE STUDY	ACTIVE STUDY
✓ Rereading notes & texts ✓ Passively Highlighting ✓ Summarizing and Copying notes ✓ Review a teacher's study guide	✓ Quiz self from memory ✓ Explain aloud and teach back ✓ Connects facts together ✓ Make & reworking mistakes
Memorizes steps but Misses the point	Employs the brain & retains the info

***Passive review is easy but active study is what gets them to true understanding and real confidence**

The 4-Step Active Study Routine (15 Minutes Cycle)

