



WINTER BREAK LEARNING PACK

Best used in December or January as a mid-year check-in for students and families

MID-YEAR RESET GUIDE

A practical tool for naming academic, executive function, confidence, and professional skill gaps — and choosing next steps.

FOUR TYPES OF MID-YEAR GAPS

GAP TYPE 1: 📚 ACADEMIC

Academic Gaps

- Missing foundational math skills
- Limited reading stamina or comprehension
- Weak writing structure and organization
- Inconsistent homework completion or test prep

GAP TYPE 2: 🧠 EXECUTIVE FUNCTION

Executive Function Gaps

- Trouble tracking assignments and deadlines
- Difficulty starting tasks (procrastination)
- Lost materials or missing submissions
- Overwhelm when multiple tasks stack up

GAP TYPE 3: 💬 CONFIDENCE

Confidence Gaps

- “I’m just bad at this” thinking
- Avoidance of challenging work
- Emotional shutdown around specific subjects
- Fear of asking questions or seeking help

GAP TYPE 4: 💬 PROFESSIONAL SKILLS

Professional Skill Gaps

- Weak time management or planning habits
- Difficulty prioritizing tasks
- Limited comfort with email or communication
- Little exposure to financial basics or workplace skills

NOTES & SPECIFIC EXAMPLES

List classes, situations, or patterns where these gaps are most visible.

MAPPING NEXT STEPS WITH EDUQUENCHER

Match the gaps you see to EduQuencher supports. Choose 2–3 to try in the next 30 days.

GAP TYPE	EDUQUENCHER SUPPORTS / TOOLS
Academic	K–12 courses (Algebra, Geometry, English, ACT prep), structured homework help tools, and academic-focused freebies.
Executive Function	Study Reset Planner, Independent Learning Routine Checklist, and time-management themed content from the professional vertical.
Confidence	Wellbeing and motivation blogs, scaffolded course design, and tools that emphasize progress over perfection.
Professional Skills	Professional learning courses (time, communication, financial literacy), planning templates, and budget tools.

30-DAY ACTION PLAN

Choose no more than three focused steps so the plan stays realistic.

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