

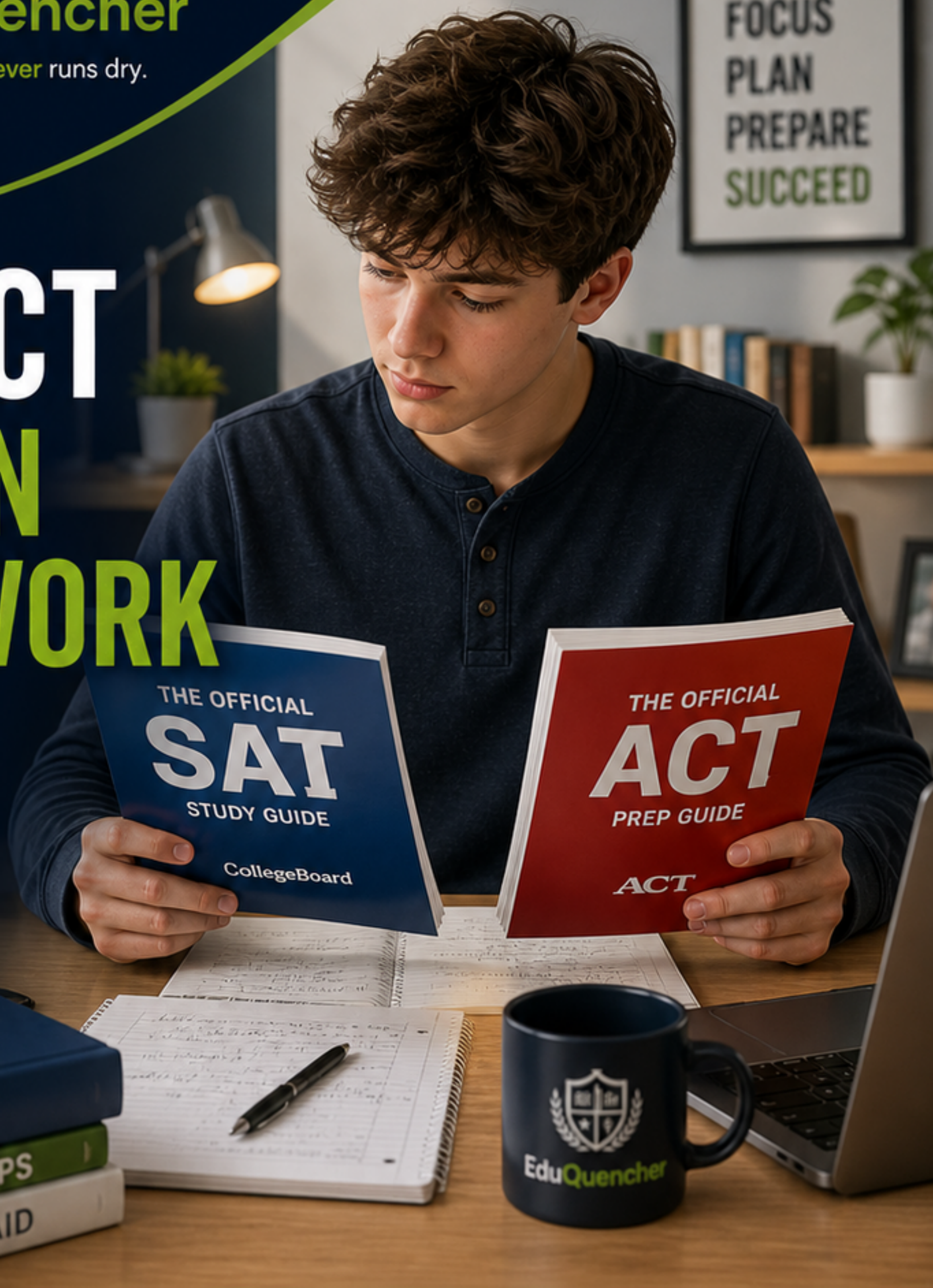


EduQuencher

where learning **never** runs dry.

THE SAT / ACT DECISION FRAMEWORK TOOLKIT

A step-by-step guide to choosing the right test, building the right plan, and moving forward with confidence.



RIGHT TEST

Make a confident decision.



RIGHT PLAN

Build a roadmap that fits you.



PROVEN STRATEGIES

Study smarter and improve results.



STAY ON TRACK

Stay consistent and reach your goals.



MOVE FORWARD

Open doors to your future.

WHERE LEARNING *NEVER* RUNS DRY.

WHY THIS GUIDE MATTERS

Because test prep should **not start with guesswork.**



Families often ask the wrong first question:
"Which test is easier?"

The better question is:

"Which test gives my student the clearest path to growth?"



WHAT CHANGES WITH A FRAMEWORK?

WITHOUT A PLAN

- ✗ Wasted prep time
- ✗ Unnecessary stress
- ✗ Confusing score choices
- ✗ Missed deadlines

WITH A FRAMEWORK

- ✓ Clearer test choice
- ✓ Better score goals
- ✓ Smarter prep timeline
- ✓ More confident next steps

THIS TOOLKIT HELPS YOU DECIDE:

SAT

ACT

Try both

Build skills first

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RIGHT TEST. RIGHT PLAN. BRIGHTER FUTURE.

Start with clarity. Move forward with confidence.

SAT vs. ACT

Know the differences.
Choose with confidence.

Most colleges that use test scores accept either the SAT or ACT. Always check each college, scholarship, and program policy before registering or sending scores.



There is no easier test for everyone.
Choose the test that fits the student,
timeline, and goals.

WHAT TO KNOW	SAT	ACT
FORMAT	Digital adaptive test	Paper or online Enhanced ACT
CORE SECTIONS	Reading & Writing; Math	English; Math; Reading
OPTIONAL SECTIONS	No SAT essay	Science optional; Writing optional
TIME	2 hr 14 min plus break	Core test about 2 hr 5 min; longer with optional sections
SCORING	400-1600 total score	1-36 Composite from English, Math, Reading
SCIENCE	No science section	Optional separate Science score
BEST FIT CLUES	More time per question; digital tools; deeper problem solving	Faster pace; straightforward sections; optional science choice

KEY TAKEAWAY

Compare baseline data, student fit, timeline, and confidence before deciding.

STUDENT FIT SNAPSHOT

The best test for you is the one that matches your **strengths**, **preferences**, and **goals**.



TAKE A FEW MINUTES TO REFLECT.
Your answers will point you in the right direction.

QUICK CHECK: WHICH TEST FITS YOU BETTER?



How do you prefer to read?

SAT leans toward...
Longer passages,
deep analysis

OR

ACT leans toward...
Shorter passages,
variety of topics



How do you approach questions?

SAT leans toward...
Slower, thoughtful,
strategic

OR

ACT leans toward...
Faster pace,
steady endurance



What's your math comfort level?

SAT leans toward...
Advanced math,
problem solving

OR

ACT leans toward...
More straightforward,
concept based



How do you handle time?

SAT leans toward...
More time
per question

OR

ACT leans toward...
Faster pace,
more questions



What's your goal?

SAT leans toward...
Top selective
colleges

OR

ACT leans toward...
Broad college
admissions

WHAT DO YOUR ANSWERS SUGGEST?



SAT

Stronger fit
for you



ACT

Stronger fit
for you



TRY BOTH

You might excel
on either



BUILD SKILLS FIRST

Strengthen your
foundation



TIP: There's no one-size-fits-all answer.
The best choice is the one that **helps YOU**
perform at your best.

Use this snapshot to **guide** your decision—
not **guess** it.



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RIGHT TEST
Choose with
clarity.



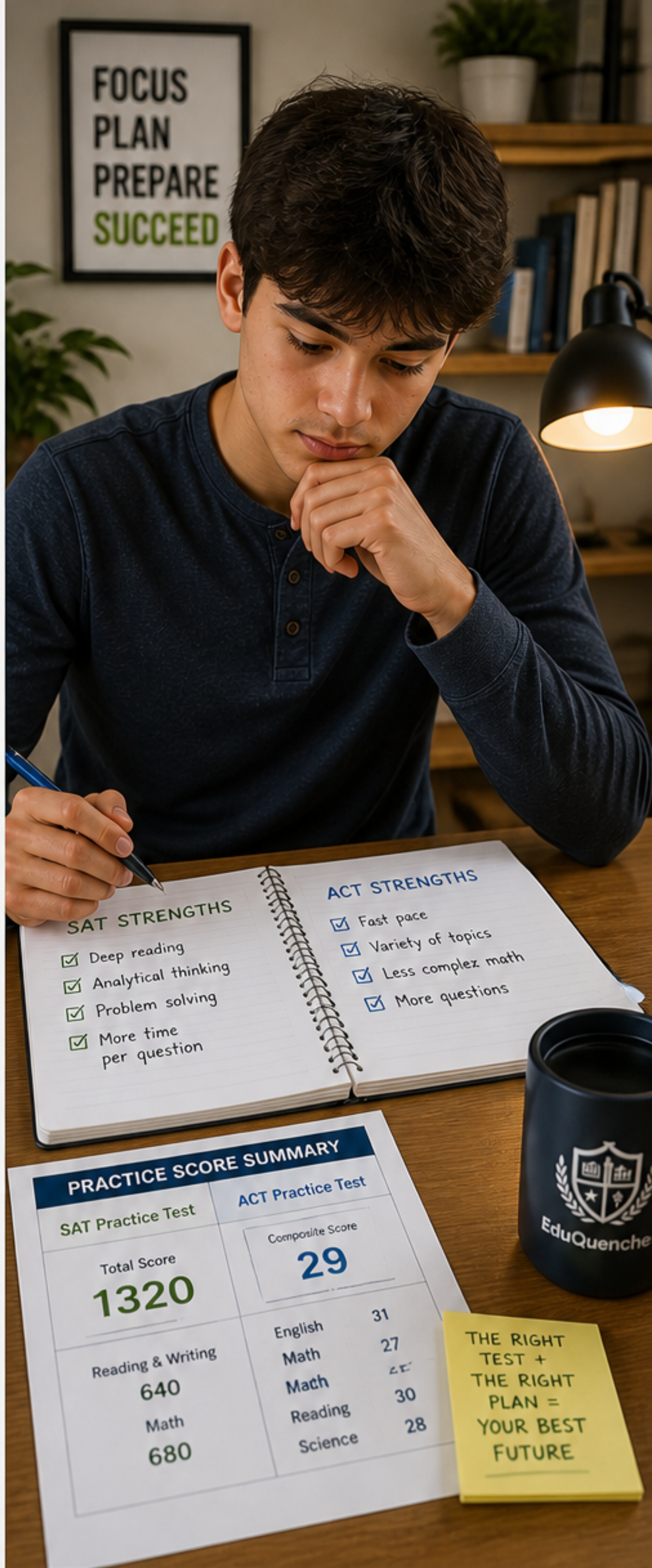
RIGHT PLAN
Build a roadmap
that works for you.



HIGHER SCORES
Improve skills.
See results.



BRIGHTER FUTURE
Open doc
your go



ESTABLISH A BASELINE

Let **data**, not guesswork,
guide the decision.



A baseline score shows you **where you are today**—so you can build a plan for where you want to be.

WHY A BASELINE MATTERS



Clarifies your starting point
Know your strengths, gaps,
and opportunities.



Sets realistic score goals
Create targets that challenge you
without guessing.



Builds a smarter plan
Focus your time on what will
move the needle most.

HOW TO ESTABLISH YOUR BASELINE

- 1 Take a full-length, timed practice test under real testing conditions.
- 2 Score it using official scoring guidelines.
- 3 Review your results by section.
- 4 Identify strengths, gaps, and patterns.
- 5 Use the data to choose your best path: **SAT, ACT, try both, or build skills first.**

BASELINE SCORE TRACKER (EXAMPLE)

	SAT	ACT
Total Score	1120	23
Evidence-Based Reading & Writing	560	24
Math	560	22
Date Taken	May 4, 2024	May 4, 2024

Your baseline is not your destination—it's your **roadmap**.



Good decisions start with good data.
Start with a **baseline**.



One test. Real conditions.
The data you need to **move forward**.



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RIGHT TEST
Choose with
clarity.



RIGHT PLAN
Build a roadmap
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HIGHER SCORES
Improve skills.
See results.



BRIGHTER FUTURE
Open doors
your goals

WHAT IS A GOOD GOAL SCORE?

A good score is not one-size-fits-all. It depends on goals, colleges, scholarships, baseline data, and timeline.

GOAL SCORE FRAMEWORK



Baseline tells you where you are.
Goals tell you where to aim.



A good goal score helps the student move toward the next opportunity.
Useful. Realistic. Connected to the future.

1

START WITH THE BASELINE

Use the first full-length practice test as the starting point.
Set a reachable first goal, then build toward a stretch goal.

2

CHECK COLLEGE RANGES

Look at score ranges for colleges on the student list.
A stronger goal is usually near or above the middle admitted-student range.

SAMPLE GOAL-SETTING PATH

Use examples as a planning tool, not a promise.

TEST	BASELINE	FIRST GOAL	STRETCH GOAL
SAT	1050	1150	1250+
ACT	21	24	27+

SET THREE LEVELS OF GOALS

1

MINIMUM GOAL

The score needed to feel comfortable applying.

2

TARGET GOAL

The score that makes the student more competitive.

3

STRETCH GOAL

The score that may improve options, scholarships, or confidence.

REMEMBER

- ✓ Scholarship cutoffs may be higher than admission goals.
- ✓ Short timelines call for realistic gains.
- ✓ Longer timelines allow stretch goals.

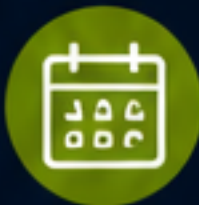
MY GOAL SCORE PLAN

Baseline: _____
Minimum goal: _____
Target goal: _____
Stretch goal: _____

Good goal scores are built from real information, not comparison.

MATCH GOALS & TIMELINE

Build a plan that fits your **student's future**.



Timing changes everything.
The right plan today prevents stress tomorrow.

KEY DATES TO KNOW



COLLEGE APPLICATION DEADLINES

Many fall deadlines are Nov 1 – Jan 15.

Plan to have scores ready at least 1 month before your first deadline.



SCHOLARSHIP DEADLINES

Many are due early. Don't wait!

Check deadlines 6–12 months in advance.



SCORE RELEASE DATES

SAT: ~2–3 weeks
ACT: ~2 weeks

Factor score release into your application plan.



RETAKE WINDOWS

Most students improve with thoughtful prep and a retake.

Build in time for preparation between tests.

BUILD YOUR TIMELINE



- DEFINE GOALS**
What score opens doors for your colleges?
- MAP DEADLINES**
List application & scholarship deadlines.
- PLAN TEST DATES**
Choose test dates that give you time to prepare and retake.
- BUILD PREP TIME**
Block consistent study time between today and test day.
- SUBMIT WITH CONFIDENCE**
Send strong scores on time and move forward.



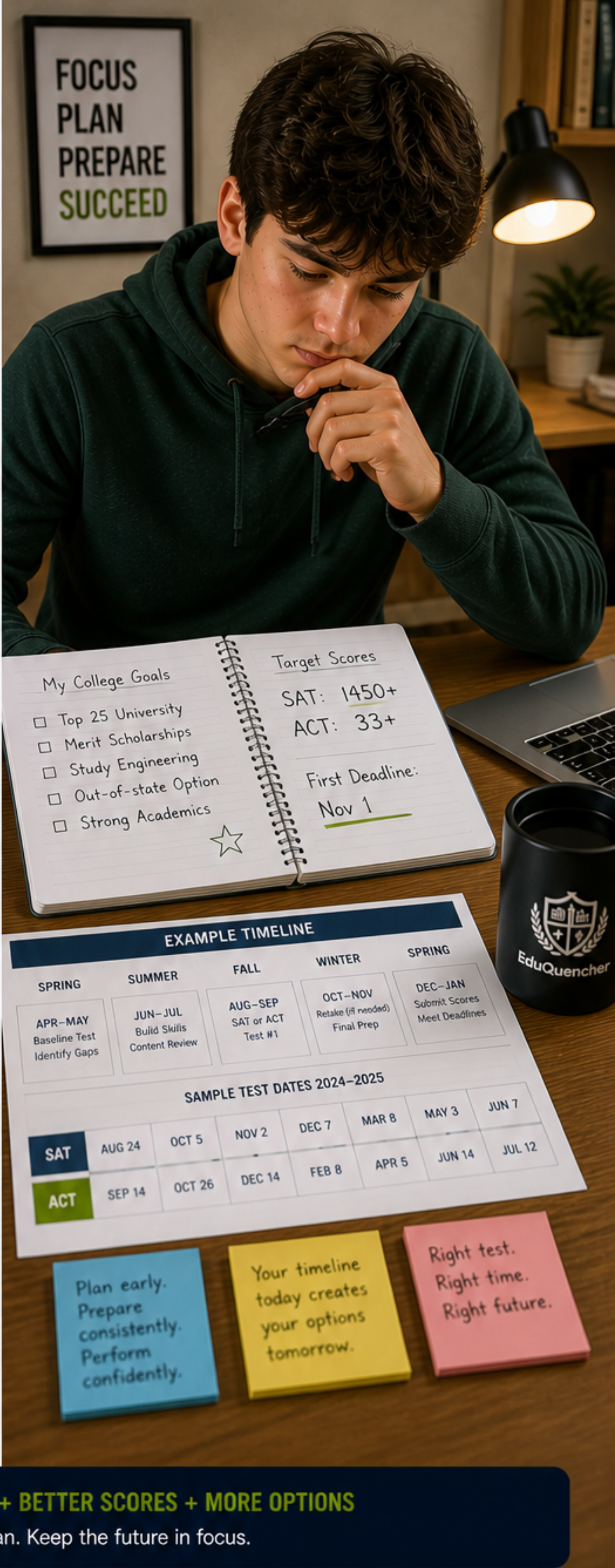
SMART TIMING TIPS

- ✓ Don't wait until fall of senior year to start.
- ✓ Plan for at least one retake.
- ✓ Check college score policies (superscore vs. single score).
- ✓ Track everything in a calendar you'll actually use.



A GREAT PLAN = LESS STRESS + BETTER SCORES + MORE OPTIONS

Map your timeline. Stick to the plan. Keep the future in focus.



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where learning **never** runs dry.



RIGHT TEST

Choose with clarity.



RIGHT PLAN

Build a roadmap that works for you.



HIGHER SCORES

Improve skills. See results.



BRIGHTER FUTURE

Open doors your goals.

PREPARE SMARTER, NOT HARDER

A focused plan + good habits
lead to **stronger scores**.



Smarter preparation builds **confidence**,
saves time, and gets better results.
Work with a plan. Stay consistent.

5 KEYS TO SMART PREP

	1 FOCUS ON YOUR GAPS	Use practice test results to target your weak areas first.
	2 STUDY WITH A SCHEDULE	Consistent, focused study beats last-minute cramming.
	3 PRACTICE LIKE TEST DAY	Timed sections. No distractions. Build real stamina.
	4 REVIEW & IMPROVE	Learn from mistakes. Track progress. Adjust your plan.
	5 TAKE CARE OF YOU	Sleep well. Eat well. Take breaks. Stay positive.

SAMPLE WEEKLY PLAN (10–12 HOURS)

DAY	FOCUS	TIME	WHAT TO DO
MON	Math Skills	2 hrs	Concept review + practice
TUE	Reading	2 hrs	Passages + vocabulary
WED	Full-Length Section	2 hrs	Timed practice
THU	Math Skills	2 hrs	Target weak areas
FRI	Reading & Writing	2 hrs	Grammar + passages
SAT	Full-Length Practice	2–3 hrs	Simulate test day
SUN	Review & Plan	1 hr	Analyze results + plan next week



Consistency > Intensity.
Small steps every day lead to big results.

MISTAKES TO AVOID



Waiting until
the last minute



Only doing
easy practice



Distractions
& multitasking



Not reviewing
mistakes



REMEMBER:



- Plan your study.
- Protect your time.
- Practice with purpose.
- Review and improve.
- Believe in your progress.



You don't need to study more.
You need to study **smarter**.
You've got this!



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Choose with
clarity.



RIGHT PLAN
Build a roadmap
that works for you.



HIGHER SCORES
Improve skills.
See results.



BRIGHTER FUT
Open doors
your goals.

MAKE THE TEST DECISION

Use your data, goals, and timeline to choose the next right step.



Choose from patterns, not pressure.



1. DECISION EVIDENCE

Look at the full picture before choosing.

- 1

Baseline score
Which test is currently stronger?
- 2

Student fit
Which format feels more natural?
- 3

Timeline
Do deadlines allow time to compare or retake?
- 4

Goals
Does the score target support admissions or scholarships?
- 5

Confidence
Where can the student perform with less stress?

2. DECISION SCORECARD

Check the evidence.

EVIDENCE	SAT	ACT	MORE
Baseline	☐	☐	☐
Pacing	☐	☐	☐
Reading fit	☐	☐	☐
Math fit	☐	☐	☐
Goal score	☐	☐	☐
Timeline	☐	☐	☐

3. CHOOSE YOUR PATH

1

Prioritize SAT
Best evidence points to SAT.

2

Prioritize ACT
Best evidence points to ACT.

3

Try Both
Scores are close and time allows.

4

Build Skills First
Foundations need attention before retesting.

4. MY ACTION PLAN

My decision: _____

First step: _____

Why this fits: _____

Support needed: _____

STAY ON TRACK & KEEP MOVING FORWARD

Consistency today
creates **results tomorrow.**



Small, consistent actions lead to big breakthroughs. **Don't stop now.** Your future self is counting on you.

5 WAYS TO STAY ON TRACK



1 STICK TO YOUR PLAN

Follow your schedule.
Protect your study time.



2 TRACK YOUR PROGRESS

Review scores. Celebrate wins.
Adjust when needed.



3 STAY FOCUSED

Eliminate distractions.
Focus on the next right step.



4 TAKE CARE OF YOU

Sleep well. Eat well.
Take breaks. Stay positive.



5 REMEMBER YOUR WHY

Keep your goals in sight.
Stay motivated every day.

WEEKLY PROGRESS CHECK

CHECKPOINT	THIS WEEK	DONE
Completed all planned study sessions	6 / 6	
Took practice tests or timed sections	2	
Reviewed mistakes and weak areas	Yes	
Improved accuracy or speed	+6%	
Stayed consistent all week	Yes!	

WHEN YOU FEEL OFF TRACK



PAUSE & REFLECT

What happened?
What can you adjust?



RESET YOUR PLAN

Make a plan
you can follow
tomorrow.



TAKE ACTION

Do one small
thing right now.
Get momentum.



KEEP GOING

Progress isn't
perfect.
It's persistent.



YOU ARE MAKING PROGRESS.

DON'T STOP NOW!

- ✓ Stay consistent.
- ✓ Trust the process.
- ✓ Your hard work will pay off.

KEEP MOVING FORWARD!



Discipline is choosing between what you want now and what you want most.

You don't have to be perfect. You just have to be consistent.

Every hour you invest in yourself pays off.

EXAMPLE WEEKLY STUDY SCHEDULE

DAY	FOCUS	TIME	GOAL
MON	Reading	60 min	Analyze 3 passages
TUE	Math	60 min	Algebra practice
WED	Writing	60 min	Grammar & essay
THU	Math	60 min	Problem solving
FRI	Science	60 min	Data interpretation
SAT	Practice Test	2 hrs	Timed section
SUN	Review & Plan	45 min	Review + plan next week



Be proud of how far you've come.
Excited for **how far you're going.**
The best is still ahead!



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RIGHT TEST
Choose with clarity.



RIGHT PLAN
Build a roadmap that works for you.



HIGHER SCORES
Improve skills. See results.



BRIGHTER FUTURE
Open doors to your goals.

STAY CONSISTENT. SEE RESULTS.

Small habits. Steady effort.
Big impact.



Consistency doesn't mean perfection. It means showing up every day for your goals.
That's how results happen.

THE POWER OF CONSISTENCY



Builds momentum
Small steps create big progress.



Strengthens focus
Train your mind to stay on track.



Improves performance
More practice = stronger skills.



Boosts confidence
See results. Stay motivated.

DAILY HABITS THAT WIN



STICK TO YOUR PLAN

Follow your schedule—every day.



PRACTICE WITH PURPOSE

Focus on quality, not just quantity.



REVIEW & LEARN

Learn from mistakes. Get better daily.



TAKE CARE OF YOU

Sleep well. Eat well. Stay balanced.



CELEBRATE PROGRESS

Acknowledge wins—big or small.



TRACK IT. SEE IT. BELIEVE IT.

Track your consistency and watch your progress grow.

WEEKLY CONSISTENCY TRACKER

WEEK	STUDY PLAN FOLLOWED	PRACTICE COMPLETED	REVIEWED MISTAKES	FOCUSED EFFORT	OVERALL CONSISTENCY
Week 1	✓	✓	✓	✓	95%
Week 2	✓	✓	✓	✓	90%
Week 3	✓	✓	✓	✓	100%
Week 4	✓	○	✓	✓	85%



CONSISTENCY COMPOUNDS.

Keep going today, so your future self can achieve more.

“

It's not about being perfect. It's about being **persistent.**



CONSISTENCY CHALLENGE: 30 DAYS

Commit to these daily:



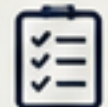
Follow your plan



Practice with focus



Review & improve



Track your progress



Stay motivated



Stay consistent. Keep believing.
You're building your future—one day at a time.
You've got this!



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RIGHT TEST

Choose with clarity.



RIGHT PLAN

Build a roadmap that works for you.



HIGHER SCORES

Improve skills. See results.



BRIGHTER FUTURE

Open door your goal

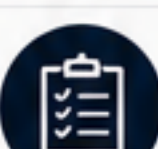
FINISH STRONG. PREP SMART.

Great preparation.
Peak performance.



The final steps make the biggest difference. Prepare your mind, your body, and your test-day plan so you can **perform with confidence**.

THE FINAL PREP CHECKLIST

- **MASTER THE BASICS**
Review key concepts and formulas. Know it. Don't just hope. 
- **PRACTICE LIKE TEST DAY**
Full-length practice tests in real testing conditions. 
- **REFINE STRATEGIES**
Use what works. Eliminate what doesn't. Trust your plan. 
- **TAKE CARE OF YOU**
Sleep well. Eat well. Move your body. A clear mind performs better. 
- **PLAN TEST DAY**
Know what to bring, when to leave, and how you'll stay calm. 

TEST-DAY GAME PLAN



WHAT YOU CAN CONTROL

- ✓ Your effort and focus
- ✓ Your preparation and practice
- ✓ Your attitude and mindset
- ✓ Your test-day routine



Control the controllables.
Leave the rest.



You've put in the work.
You've made a plan.
Now it's time to **believe and achieve!**



TEST-DAY ESSENTIALS

-  Admission Ticket
-  Photo ID
-  Calculator (If allowed)
-  Pencils & Eraser
-  Water Bottle
-  Watch (No alarms)
-  Positive Mindset

SUCCESS IS A SYSTEM



Keep showing up. Keep trusting the process.
Your future is waiting!



Success is the sum of small efforts, repeated day in and day out. – Robert Collier



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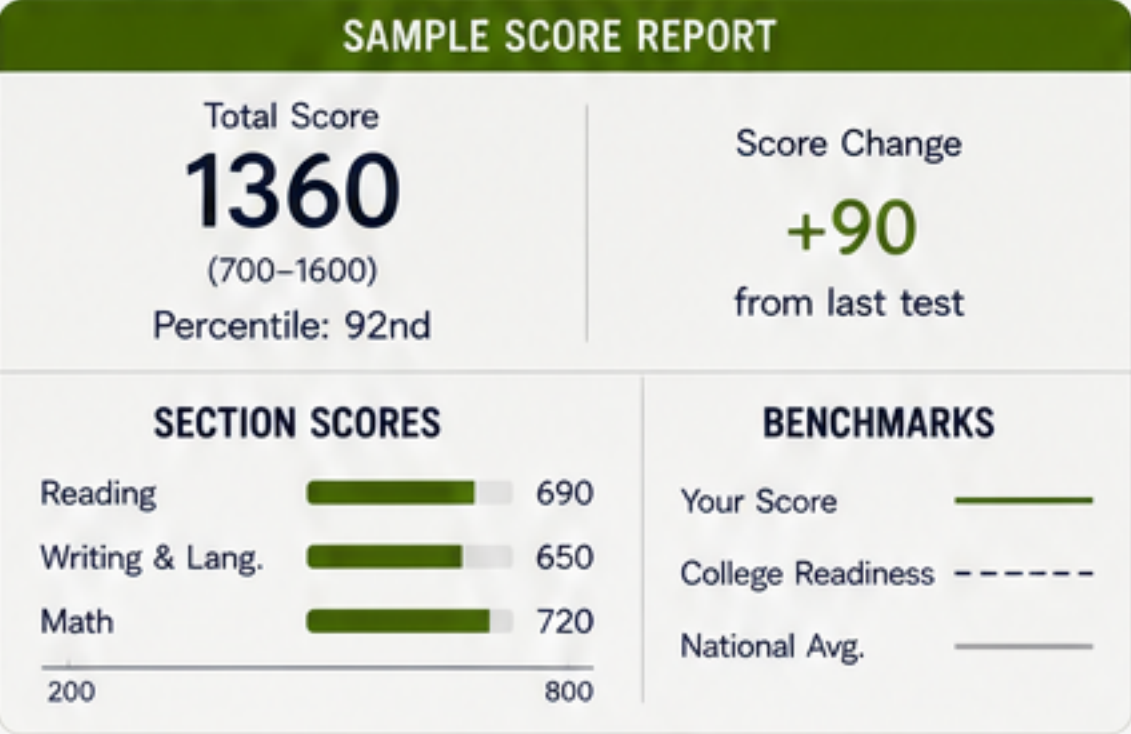
REVIEW RESULTS & ADJUST THE PLAN

Every test gives you data. Use it.



Smart analysis leads to smarter practice.
Adjust. Improve. Repeat.

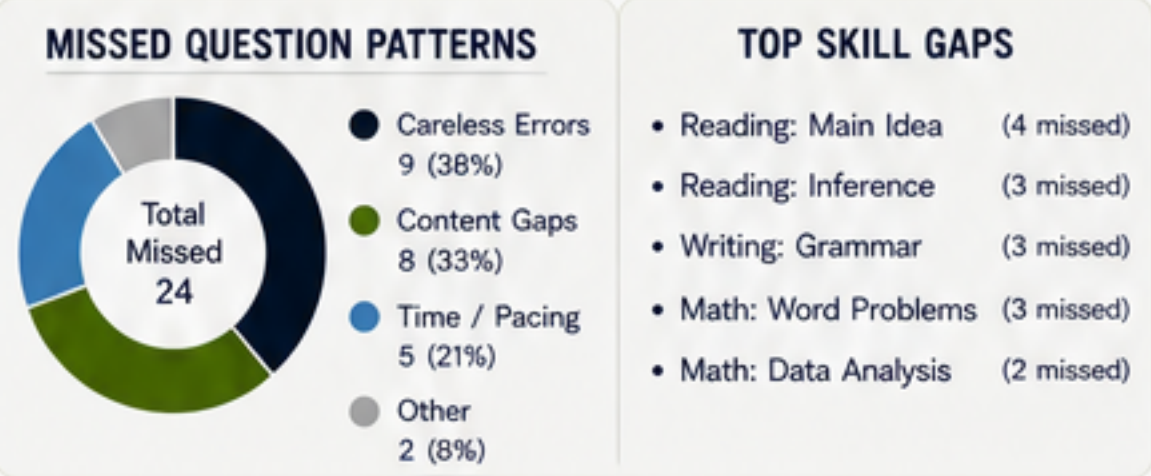
1. UNDERSTAND YOUR RESULTS



You improved your Math and overall score—great job! Keep building on your strengths and close gaps in Reading and Writing.

2. FIND INSIGHTS IN YOUR DATA

Look beyond the total score.



Focus where the impact is biggest. Fix the gaps. Boost your score.

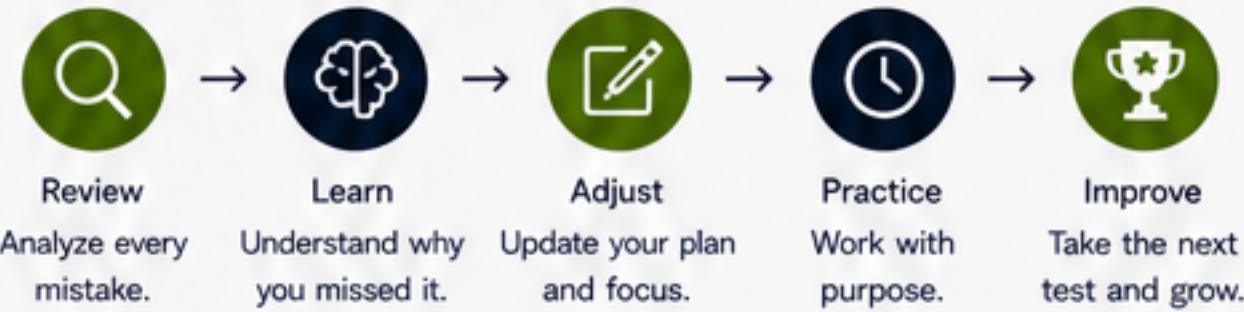
3. ADJUST YOUR PLAN

Use what you learned to plan what's next.

	TARGET PRIORITIES Focus on your top weak areas and missed question types.	What I'll Focus On: <i>Reading Inference, Grammar, Word Problems</i>
	PRACTICE SMARTER Use quality resources, timed practice, and review.	How I'll Practice: <i>2 timed sections, error log, drills</i>
	SET NEW GOALS Create a target score and timeline.	My Next Goal: <i>1450+ by May</i> ★



4. YOUR NEXT ACTION STEPS



EXAMPLE ADJUSTED STUDY PLAN			
FOCUS	STRATEGY	RESOURCES	FREQUENCY
Reading Inference	Active reading, annotate, practice sets	Official Guide, Question Bank	2–3x / week
Grammar	Rules review, error log, targeted drills	Prep Book, Khan Academy	2x / week
Word Problems	Step-by-step practice, slow down & check	Practice Tests, Drills	2–3x / week
Data Analysis	Concept review, extra practice	Prep Book, Online Sets	1–2x / week



Track progress. Trust the process. Your score will follow.



You now have the data. You have the plan. Stay consistent. Keep improving.
Your best score is ahead!



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RIGHT PLAN
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BRIGHTER FUTURE
Open doors to your goals.

TURN INSIGHT INTO IMPROVEMENT

Mistakes are data.
Use them to get better.



You've taken the test.
Now turn what you learned
into your next breakthrough.
Analyze. Learn. Improve. Repeat.

1. REVIEW YOUR MISSED QUESTIONS

Log them. Learn from them. Don't repeat them.

MISSED QUESTION LOG (EXAMPLE)				
#	Section	Question Type / Topic	Why I Missed It	What I'll Do Next
1	Reading	Inference	Rushed, didn't read carefully	Actively practice inference
2	Writing	Comma Splices	Forgot the rule	Review grammar rules, do drills
3	Math	Linear Equations	Algebra sign error	Practice similar problems
4	Reading	Main Idea	Chose too quickly	Use process of elimination
5	Math	Data Analysis	Misread the chart	Practice reading charts

2. WHAT WENT WRONG? (FIND THE PATTERN)

Identify the root cause so you can fix it.

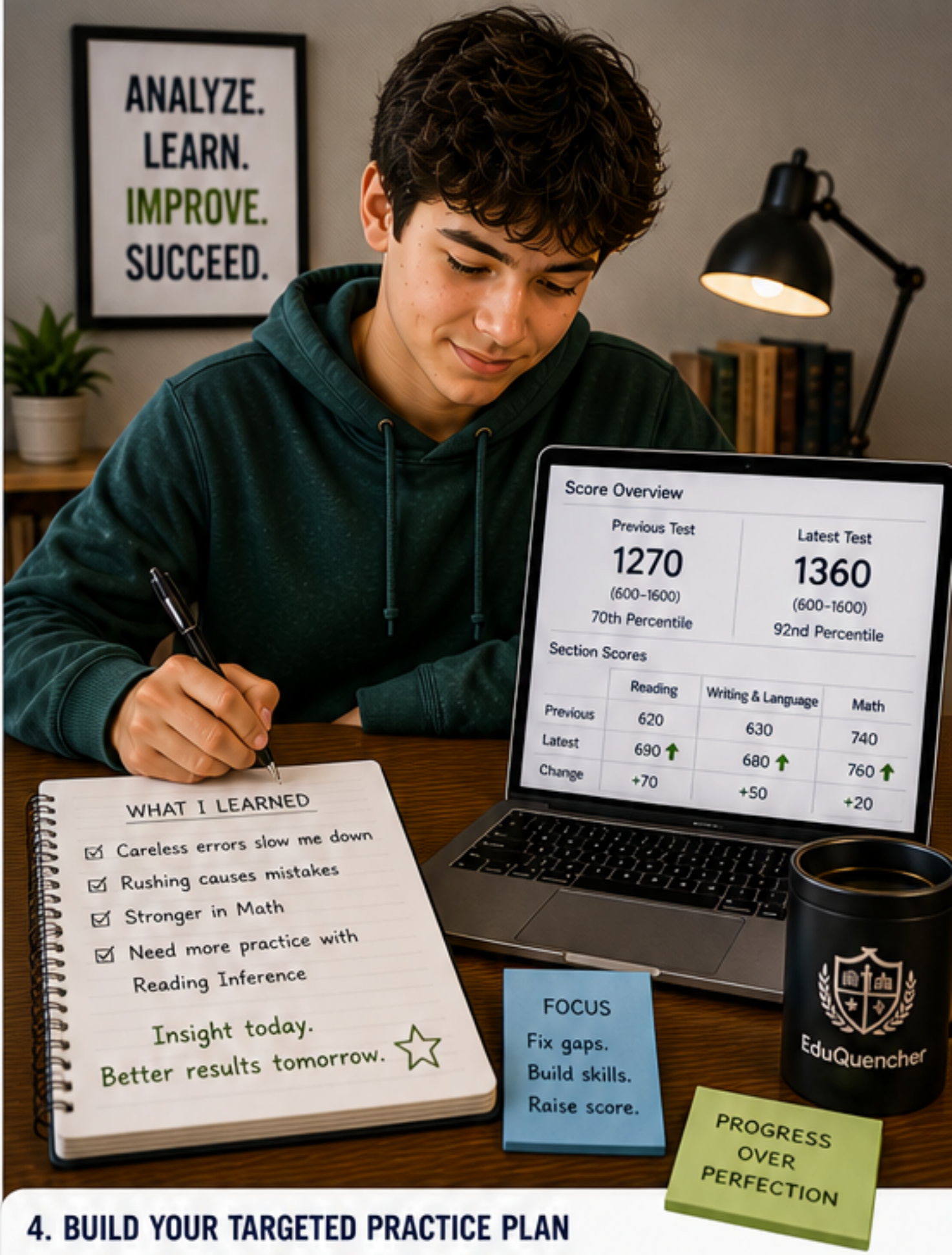
Content Gaps	Careless Errors	Rushed / Time	Misunderstood Question	Strategy
I don't know it well enough.	I knew it but made a silly mistake.	I ran out of time or rushed.	I didn't fully understand.	I need a better approach.

💡 Focus on the top 1–2 patterns that hurt your score the most.

3. YOUR NEXT ACTION STEPS

Turn insight into an action plan.

1	Prioritize Focus on the areas and question types that cost you the most points.	
2	Learn Review concepts and strategies. Fill the knowledge gaps.	
3	Practice Do targeted practice on weak areas. Quality over quantity.	
4	Review Check your work. Understand every solution. Ask: Why did I miss this?	
5	Track Retake, measure progress, and adjust your plan.	



4. BUILD YOUR TARGETED PRACTICE PLAN

Practice with purpose. Get stronger where it matters.

FOCUS AREA	GOAL	STRATEGY	RESOURCES	FREQUENCY
Reading Inference	Improve accuracy and speed	Active reading, passage drills	Official Guide, Prep Book	3x / week
Grammar Rules	Master rules, reduce errors	Rule review, error drills	Khan Academy, Prep Book	2x / week
Linear Equations	Solve accurately and confidently	Practice sets, step-by-step	Prep Book, Online Sets	3x / week
Data Analysis	Read and interpret charts better	Chart drills, timed sets	Online Sets, Official Guide	2x / week

5. THE IMPROVEMENT CYCLE

Small steps. Big results.



★ Consistency in this cycle is the key to higher scores.

6. PROGRESS REMINDERS

Progress takes time.	Small improvements add up.	Stay consistent, even on tough days.	You're building a better future.

YOU CAN IMPROVE. YOU WILL SUCCEED.
KEEP GOING!

“ Every mistake is a lesson. Every lesson puts you one step closer to your best score. ★



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BRIGHTER FUTURE
Open doors to your goals.

BUILD SKILLS. RAISE SCORES.

Target your gaps.
Strengthen your plan.
Get better.



Strong skills lead to higher scores.
Master the basics.
Practice with purpose.
See real results.

1. FIND YOUR SKILL GAPS

Use your results to find where to focus.

DIAGNOSTIC SNAPSHOT (EXAMPLE)			
Section	Your Score	Strength	Gaps to Address
Reading	620	★★☆☆☆	Main idea, Inference, Evidence
Writing & Lang.	600	★★☆☆☆	Grammar rules, Punctuation
Math	700	★★★★☆	Algebra, Word Problems
Data Analysis	640	★★☆☆☆	Charts, Data Interpretation
★★★★★ Strong ★★★★★ Solid ★★☆☆☆ Needs Work ★☆☆☆☆ Weak			



Focus on your biggest gaps first.
Fix the basics. Build confidence.

2. MASTER THE ESSENTIAL SKILLS

These skills show up on test day.

READING	WRITING & LANG.	MATH	DATA ANALYSIS
• Main Idea • Inference • Evidence • Author's Purpose	• Grammar Rules • Punctuation • Sentence Structure • Style & Clarity	• Algebra • Problem Solving • Functions • Geometry	• Charts & Graphs • Data Interpretation • Statistics • Probability



Strong fundamentals. Smart practice.
Better performance.

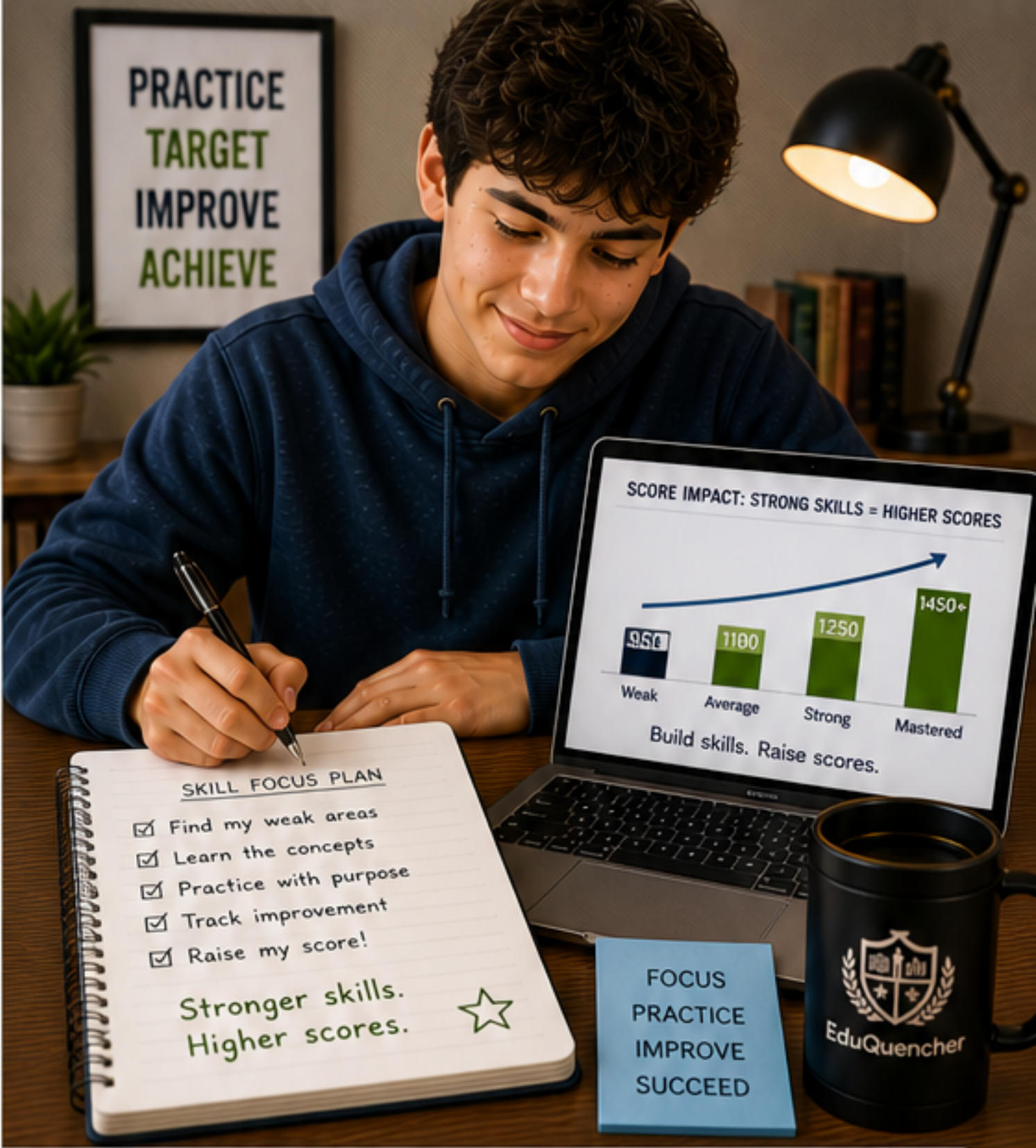
3. PRACTICE WITH PURPOSE

Use high-quality practice to build real skills.

	Target Choose specific skills that need work.	Example: Algebra Word Problems
	Learn Study the concept. Use clear explanations.	Example: Step-by-step lessons
	Practice Do focused sets. Quality over quantity.	Example: 15-20 targeted questions
	Review Check your work. Understand every solution.	Example: Fix mistakes. Take notes.



Mistakes are feedback. Learn from them.
That's how skills grow.



4. TRACK SKILL GROWTH

Measure improvement in each area.

SKILL PROGRESS TRACKER (EXAMPLE)					
Skill	Week 1	Week 2	Week 3	Week 4	Trend
Reading Inference	55%	65%	75%	85%	↗
Grammar Rules	50%	60%	70%	80%	↗
Algebra	45%	60%	70%	82%	↗
Data Interpretation	52%	62%	72%	83%	↗



Track often. Celebrate progress.
Small gains compound into big results.

5. TAKE ACTION: BUILD A BETTER PLAN

Use your data to create a plan that works.



Identify
Find your weak skills.



Learn
Study and take great notes.



Practice
Do focused, targeted sets.



Measure
Track your results.



Improve
Keep adjusting. Keep growing.



Adjust your plan. Stay consistent.
Keep getting better every week.

6. YOUR WEEKLY SKILL FOCUS PLAN

Plan your work. Work your plan.

THIS WEEK I WILL FOCUS ON...				
Skill	My Goal	How I'll Practice	Resources	Check-In
Reading	Improve inference	2 sets/day + review	Prep Book Question Bank	☐
Writing	Grammar accuracy	15 Qs/day + drills	Khan Academy Official Guide	☐
Math	Algebra word problems	20 Qs/day + lessons	Prep Book Drills	☐
Data Analysis	Chart interpretation	2 sets/day + review	Online Sets Official Guide	☐



STRONG SKILLS. HIGHER SCORES. BRIGHTER FUTURE.
You have the plan. You have the tools.
Now keep building. Keep believing. You've got this!



EduQuencher
where learning never runs dry.



RIGHT TEST
Choose with clarity.



RIGHT PLAN
Build a roadmap that works for you.



HIGHER SCORES
Improve skills. See results.



BRIGHTER FUTURE
Open doors to your goals.

COMMON MISTAKES FAMILIES MAKE

Avoid the traps.
Protect your time, energy, and confidence.



Small mistakes can lead to big setbacks.
Learn from others. Stay focused on what works.
Plan smart. Stay consistent. Get results.

1. NOT HAVING A PLAN

Going in without a roadmap leads to stress and wasted time.

MISTAKE	THE IMPACT
 No schedule. No clear goals. No strategy.	✗ Last-minute cramming ✗ Higher stress ✗ Lower scores ✗ Wasted time and money
	Fix it: Create a plan with clear goals, a timeline, and regular check-ins.

2. FOCUSING ON CONTENT, NOT STRATEGY

Knowing facts is important, but test strategy is what improves scores.

MISTAKE	THE IMPACT
 Only studying content and ignoring test strategies.	✗ Time runs out ✗ Easy points are missed ✗ Harder to improve ✗ Lower performance
	Fix it: Teach and practice proven strategies for every section.

3. INCONSISTENT PRACTICE

Sporadic studying doesn't build skills or confidence.

MISTAKE	THE IMPACT
 Studying a lot one day and nothing the next.	✗ Forgets what was learned ✗ Can't build momentum ✗ Confidence goes down ✗ Results plateau
	Fix it: Study consistently in small, focused sessions each week.

4. NOT TAKING PRACTICE TESTS

Practice tests build stamina and reveal what to fix.

MISTAKE	THE IMPACT
 Skipping practice tests or not timing them properly.	✗ No sense of pacing ✗ Surprises on test day ✗ Hidden weaknesses ✗ Missed opportunities
	Fix it: Take full-length, timed practice tests regularly and review deeply.



5. IGNORING WEAKNESSES

Avoiding weak areas doesn't make them go away.

MISTAKE	THE IMPACT
 Only working on strong subjects or topics.	✗ Weak spots stay weak ✗ Harder questions stay hard ✗ Score potential is limited ✗ Gaps get bigger
	Fix it: Identify weak areas and create a plan to improve them.

6. EXPECTING QUICK FIXES

There are no shortcuts to a higher score.

MISTAKE	THE IMPACT
 Looking for shortcuts or cramming at the end.	✗ Short-term gains only ✗ High stress ✗ Easily forgotten ✗ Lower scores
	Fix it: Start early. Build skills. Stay consistent. Progress takes time.

7. PARENTS TAKING OVER

Too much pressure or control can backfire.

MISTAKE	THE IMPACT
 Doing it for them instead of supporting them.	✗ Less ownership ✗ More stress ✗ Lower motivation ✗ Hurts confidence
	Fix it: Guide, support, and encourage. Let them own the process.

THE SMARTER APPROACH



PLAN
Have a plan and stick to it.



PRACTICE
Practice smart and consistently.



REVIEW
Review deeply and learn.



ADJUST
Adjust your plan as you grow.



ACHIEVE
Stay the course and get results!



Avoid the common mistakes. Focus on what works. Stay consistent.
Your best score is within reach!



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FAMILY CONVERSATION GUIDE

Great results start with great conversations.



The right words build confidence.
The right questions build insight.
The right support builds success.

Talk with purpose. Listen with care. Grow together.



1. BEFORE THE TEST: SET THE TONE

Build confidence and clarity from the start.

CONVERSATION STARTERS

- What are you most looking forward to?
- What are you worried about?
- What do you need from us to feel ready and confident?
- What are your goals for this test?
- How can we help you stay focused and positive?



Focus on effort, preparation, and growth—not pressure or perfection.

2. DURING PREP: CHECK IN OFTEN

Short, positive check-ins keep momentum strong.

CHECK-IN QUESTIONS

- How is your plan going this week?
- What's going well?
- What's your biggest challenge right now?
- What can we do to help?
- How are you feeling—mentally and physically?



Listen more than you talk.
Validate feelings. Offer solutions together.

3. AFTER PRACTICE TESTS: REFLECT & LEARN

Turn results into insight and action.

REFLECTION PROMPTS

- What went well that you want to keep doing?
- What was harder than expected?
- What mistakes can we learn from?
- What will you do differently next time?
- What is one thing you're proud of?



Keep it constructive. Focus on improvement, not judgment.

4. CONVERSATION DO'S AND DON'TS

DO SAY THIS

- I believe in you.
- I'm proud of your effort.
- What can I do to help?
- It's okay to make mistakes. That's how we learn.
- You've got this!
- Let's take it one step at a time.
- I'm here for you.



Do encourage. Do listen.
Do support. Do celebrate.

AVOID SAYING THIS

- You have to get a perfect score.
- Why aren't you studying more?
- Other kids are scoring higher.
- You always make careless mistakes.
- This test will decide your future.
- Stop wasting time.
- Don't worry.



Avoid pressure. Avoid comparisons.
Avoid criticism. Avoid panic.

5. OUR FAMILY GAME PLAN

We're a team. Here's how we'll support each other.

 OUR GOAL	Our test goal: _____
 OUR PLAN	We will: _____
 OUR ROLES	Who does what: _____
 OUR SUPPORT	How we will support each other: _____
 OUR CELEBRATION	How we will celebrate progress and success: _____



We plan together. We work together. We win together.

6. OUR FAMILY COMMITMENT

We promise to support, encourage, and stay positive—every step of the way.

“ We commit to creating a positive home environment, supporting our student, and trusting the process. Together, we will do our best and enjoy the journey.”

 STUDENT
I will do my best.
Signature: _____
Date: _____

 PARENT / GUARDIAN
I will support and encourage.
Signature: _____
Date: _____

 FAMILY
We will work together.
Signature: _____
Date: _____



Great conversations build strong families. Strong families build high achievers.
Talk. Listen. Plan. Support. Succeed—together.





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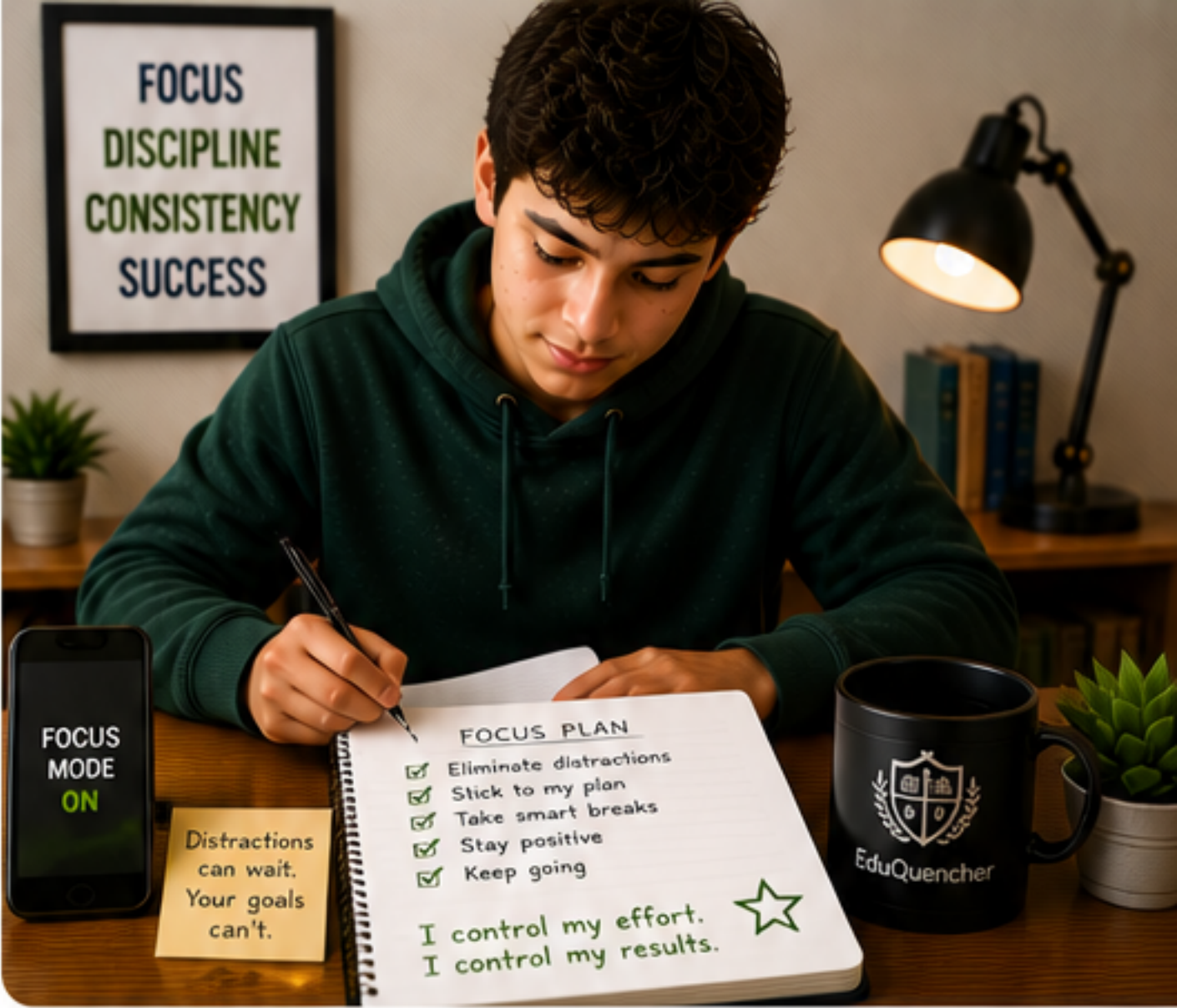
BRIGHTER FUTURE
Open doors to your goals.

GET OUT OF YOUR OWN WAY

Remove the roadblocks.
Build the habits. Stay consistent.



Your biggest competitor isn't the test—it's you. Distractions, doubt, excuses, and bad habits can hold you back.
Clear the way. Show up. Do the work.



1. KNOW WHAT HOLDS YOU BACK

Identify your roadblocks so you can remove them.

COMMON ROADBLOCKS	THE COST
Too much phone time and social media	✗ Less time to prepare
Video games and endless scrolling	✗ Less focus and more distraction
Binge watching shows and videos	✗ Falling behind on key skills
Poor sleep and late nights	✗ Low energy and poor concentration
Negative self-talk and doubt	✗ Lost confidence and motivation
SELF-AWARENESS = FIRST STEP TO CHANGE You can't fix what you ignore.	

2. REPLACE BAD HABITS WITH WINNING HABITS

Small changes. Big impact.

INSTEAD OF...	DO THIS INSTEAD...
Checking your phone	➔ Follow your study plan
Playing "just one more game"	➔ Do a practice set
Binge watching	➔ Review your notes
Staying up late	➔ Get 7–9 hours of sleep
Saying "I can't"	➔ Say "I will get better"
Discipline today. Freedom tomorrow. Better scores for life.	

3. CONTROL WHAT YOU CAN CONTROL

FOCUS ON YOUR CIRCLE OF CONTROL.



Put your energy where it counts.
Focus on what you can control.

4. PROTECT YOUR FOCUS

Create an environment that helps you succeed.

- ✓ **TURN OFF DISTRACTIONS** – Silence notifications. Put your phone away.
- ✓ **CREATE A STUDY ZONE** – Quiet, clean, and organized.
- ✓ **SET A TIMER** – Use focused work blocks (25–50 minutes).
- ✓ **TAKE SMART BREAKS** – Step away, stretch, breathe.
- ✓ **STAY HYDRATED** – Drink water. Fuel your brain.
- ✓ **KEEP IT SIMPLE** – One task at a time.

Protect your focus like your score depends on it. Because it does.

5. RESET WHEN YOU GET OFF TRACK

Everyone slips. Winners reset and keep going.



Progress > Perfection. Get back on track—fast.

6. DAILY HABIT CHECKLIST

Do these every day to stay on your game.

- ☒ I followed my study plan.
- ☒ I stayed focused and avoided distractions.
- ☒ I practiced with purpose.
- ☒ I took smart breaks.
- ☒ I got enough sleep.
- ☒ I ate well and stayed hydrated.
- ☒ I stayed positive and confident.
- ☒ I did my best.

Small daily habits. Massive long-term results.



Get out of your own way. Stay disciplined. Stay consistent. Stay focused.
You've got this. Now go get that score!



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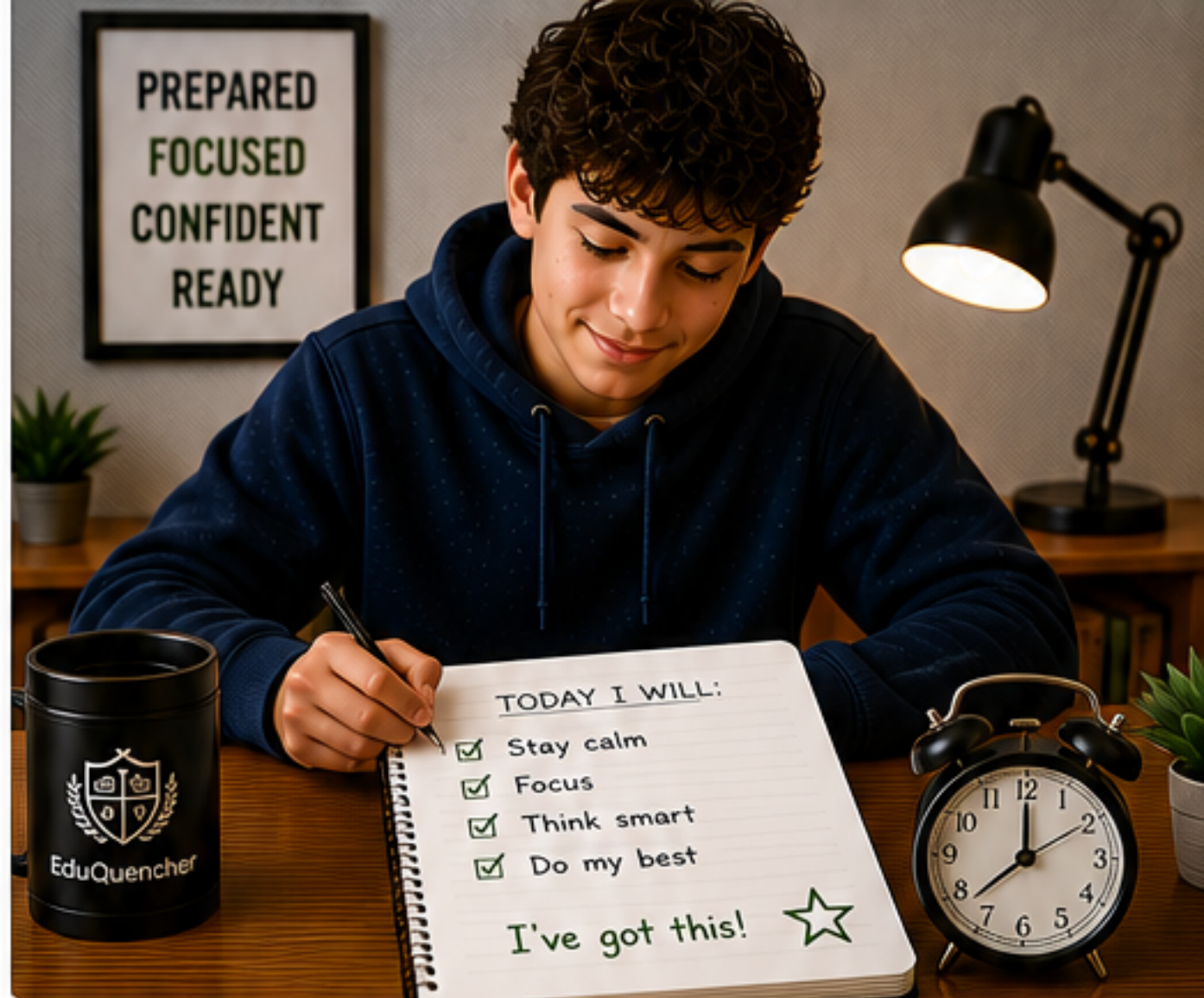
BRIGHTER FUTURE
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TEST DAY GAME PLAN

Be prepared. Stay calm. Do your best.



You've put in the work.
Now it's time to trust your
preparation and perform.
**Plan ahead. Stay focused.
Finish strong.**



1. THE NIGHT BEFORE

- ✓ Review logistics: test location, time, and route.
- ✓ Pack your bag using the checklist below.
- ✓ Lay out clothes and set alarms.
- ✓ Eat a healthy snack and hydrate.
- ✓ Avoid heavy studying or cramming.
- ✓ Relax, unwind, and get a good night's sleep.



TIP: Good sleep = better focus, memory, and decision-making.

PACKING CHECKLIST

- ☐ Photo ID (if required)
- ☐ Admission ticket
- ☐ #2 pencils (2–3)
- ☐ Eraser
- ☐ Calculator (if allowed)
- ☐ Water bottle
- ☐ Healthy snack
- ☐ Watch (if allowed)
- ☐ Tissues / wipes
- ☐ Hand sanitizer



2. MORNING OF THE TEST

- ✓ Wake up early so you're not rushed.
- ✓ Eat a balanced breakfast.
- ✓ Hydrate—drink water.
- ✓ Use a quick confidence routine:
Breathe. Focus. Think positive.
- ✓ Double-check your bag.
- ✓ Head out with plenty of time to spare.



TIP: A calm morning creates a confident you. Start strong. Stay strong.



3. WHAT TO BRING (DON'T LEAVE HOME WITHOUT IT)



Photo ID
(if required)



#2 Pencils
(2–3)



Eraser



Calculator
(if allowed)



Water
Bottle



Healthy
Snack



Watch
(if allowed)



CHECK YOUR TEST'S RULES:

No phones, no smartwatches, no notes, no stress!
Follow the rules—protect your score.

4. CONFIDENCE ROUTINE (USE ANYTIME)



BREATHE
Slow, deep
breaths.



FOCUS
One question
at a time.



THINK
Positive
thoughts.



TRUST
Your prep.
Trust
yourself.



Calm body. Clear mind. Confident you.
That's the winning formula.

5. DURING THE TEST: PLAY YOUR STRATEGY



READ FIRST

Read directions and questions carefully.



PACE YOURSELF

Don't spend too much time on any one question.



ANSWER EASY ONES FIRST

Build momentum and confidence.



MARK & MOVE ON

Flag tough questions. Come back if time allows.



CHECK YOUR WORK

If time remains, review answers.



STAY CALM

If you feel stressed, pause, breathe, and refocus.



You don't have to know everything.
Use your strategy and trust your preparation.

6. IF SOMETHING GOES WRONG...

DON'T

- ✗ Panic.
- ✗ Give up.
- ✗ Focus on others.
- ✗ Let one question ruin your day.

DO

- ✓ Pause and breathe.
- ✓ Refocus on the next question.
- ✓ Trust your preparation.
- ✓ Finish strong!



You can't control every question,
but you can control your mindset and effort.



7. AFTER THE TEST

- ✓ Celebrate your effort—no matter what.
- ✓ Avoid rehashing questions with friends.
- ✓ Take notes on what went well and what you can improve.
- ✓ Focus on recovery and what's next.



Learn.
Adjust.
Grow.



One test
does not
define you.



Your future
is bigger
than one test.



You've prepared. You've got a plan. Now go show what you can do!

You've got this!



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HOW EDUQUENCHER CAN HELP

Expert guidance. Personalized plans. Proven support.



EduQuencher helps families move from uncertainty to a clear, student-centered test plan.
Right test. Right plan. Brighter future.

OUR COMPREHENSIVE SUPPORT

1

SAT or ACT? We Help You Decide.

- ✓ Compare test fit
- ✓ Review score potential
- ✓ Choose with confidence

2

Diagnostic Review

- ✓ Score report review
- ✓ Skill-by-skill breakdown
- ✓ Clear next steps

3

Personalized Prep Plan

- ✓ Targeted study roadmap
- ✓ Priority skill focus
- ✓ Progress checkpoints

4

Expert Tutoring

- ✓ Content support
- ✓ Test-taking strategies
- ✓ Accountability and feedback

5

Family Communication

- ✓ Progress updates
- ✓ Parent resources
- ✓ Shared next steps

6

College Readiness Support

- ✓ Admissions test strategy
- ✓ Scholarship planning
- ✓ Future success mindset

HOW TO GET STARTED

1

Talk to us

2

Get your plan

3

Start preparing

4

Achieve results

OUR PROMISE We do not just prep students for tests. We prepare them for what comes next.

START WITH THE RIGHT TEST. BUILD THE RIGHT PLAN.

★
The right choices today.
The **future** you deserve tomorrow.



 VISIT
eduquencher.com
to get started.

- ✓ Expert guidance.
- ✓ Personalized plans.
- ✓ Proven results.
- ✓ Stronger scores.
- ✓ Brighter futures.

You bring the effort.
We bring the expertise.

*Together,
we get results.*

WHY FAMILIES CHOOSE **EDUQUENCHER**

 Proven Strategies that Improve Scores	 Experienced Tutors who Care	 Personalized Plans for Every Student	 Flexible Scheduling to Fit Your Life	 Trusted by Students and Families	 Committed to Your Success
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HOW TO GET STARTED

1  TALK TO US Tell us about your student and goals.	2  GET YOUR PLAN We create a custom plan built for success.	3  START PREPARING Work with expert tutors and proven strategies.	4  ACHIEVE RESULTS Build confidence. Boost scores. Open doors.
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EduQuencher
PREPARE. PERFORM. **SUCCEED.**
where learning **never** runs dry.

YOUR JOURNEY. OUR MISSION.
We empower students to achieve more
and unlock their brightest futures.

 RIGHT TEST Choose with clarity.	 RIGHT PLAN Build a roadmap that works for you.	 HIGHER SCORES Improve skills. See results.	 BRIGHTER FUTURE Open doors to your goals.
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